



STEP 1 – CAPTURE

Organization / Productivity

TONY ROBBINS | RAPID PLANNING METHOD®

Ideas, Wants, Needs

Example:

Spend less time on Facebook/Instagram

Set time aside to map out week
(weekly planning process)

Prioritize!

Write your own:

Communications & Follow-ups

Example:

Connect w/ Alex about his
organization habits (does he use
a service?)

Attend RPM webinar

Write your own:



STEP 2 – CREATE YOUR RPM™ PLAN

L	D	P	MASSIVE ACTION PLAN <i>How can I best achieve it now?</i>	RESULT <i>What do I want?</i>	PURPOSE <i>Why do I want it?</i>
	30m		RPM weekly plan	Manage time more efficiently	To understand how I spend my time and make
			Download app tracker to limit phone use		more space for kids and cooking
			Set timers on phone for tasks		
	1 hr		Set up chore board w/ reward system	A clean, organized closet where I can access	Reduce stress and anxiety related to going to get
	30m		Look into weekly cleaning pricing	everything easily and efficiently	things from closet and involve kids as way to set
	3 hr		Clear out closets and donate items		up healthy habits for them
			Write your own:		
LEVERAGE	DURATION	PRIORITY			